InnerSun Family Chiropractic, LLC
3555 Electric Road Suite J
Roanoke, VA 24018
Phone: 540-589-2474

Pediatric

Patient Information

Child's Name: _____ Today's Date: ____/____/____

Parents/Guardian's Name: _____

Home Address: _____

Home Phone: _____ May we leave a message? □Yes □No

Parent's Cell Phone: _____ May we leave a message? □Yes □No

Parent's Work Phone: _____ May we leave a message? □Yes □No

Parent's e-mail: _____

May we add you to our email newsletter and calendar of events? □Yes □No (your email will not be shared)

How did you hear about us: _____

Height (of child): ____ Weight (of child): ____ Birth Date: ____/____/____ Age: ___ Sex: □M □F

Siblings and ages: _____

Previous Chiropractic Care □Yes □No

Emergency Contact

Name: _____ Relationship to child: _____

Phone Number: _____ Alternate Phone Number: _____

Family Doctor

Name: _____ Professional Designation: _____

Clinic Name: _____ Date and reason of last visit: _____

May we communicate with you family doctor regarding your child's care if necessary? □Yes □No

Other Health Care Professionals

(Medical Specialist, Naturopathic Doctor, Homeopath, Physiotherapist, Massage Therapist, Etc.)

Name: _____

Professional Designation: _____

Date and reason of last visit: _____

Name: _____

Professional Designation: _____

Date and reason of last visit: _____

Why have you decided to have your child evaluated by a Chiropractor:

□He/She is continuing ongoing care from another Chiropractor.
□I recently had my spine checked and understand the value in getting my child checked.
□I have concern about his/her health and I'm looking for answers.
□He/she has a specific condition and I've learned that chiropractic may be able to help.
□I want to improve my child's immune function.

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Wellness Profile

The human body is designed to be healthy. The primary system in the body which coordinates health and function is the nervous system. Your nervous system is surrounded and protected by the bones of the spine, called **vertebrae.** Many of the common health challenges that adults experience have their origins during the **developmental years**, some starting at birth. Layers of damage to the spine and **nervous system** occur as a result of various traumas, toxins, and emotional stress. The result may be misalignment to the spinal column and damage to the nervous system in a condition called **Vertebral Subluxation**. Please answer the following questions to give us a better understanding about your child's state of wellness and factors which may be contributing to vertebral subluxation and impeding your child's ability to heal.

C=Current P=Previous

C/P/NA Asthma
C/P/NA Respiratory Tract Infections
C/P/NA Sinus Problems
C/P/NA Ear Infections
C/P/NA Tonsillitis
C/P/NA Strep Throat
C/P/NA Frequent Colds/Croup
C/P/NA Recurrent Fevers
C/P/NA Eczema
C/P/NA Rashes
C/P/NA Allergies
C/P/NA Food Sensitivities
C/P/NA Digestive Problems

C/P/NA Frequent Diarrhea
C/P/NA Constipation
C/P/NA Flatulence
C/P/NA Headaches/Migraines
C**/P/NA** Neck Pain
C/P/NA Torticollis/Head Tilt
C/P/NA Trouble Feeding on one side
C/P/NA Back Pain
C/P/NA Growing Pains
C/P/NA Scoliosis
C/P/NA Red, Swollen, Painful joint(s)
C/P/NA Colic
C/P/NA Frequent Crying Spells

C/P/NA Failure to Thrive/Slow weight gain
C/P/NA Slow or Absent Reflexes
C/P/NA Asymmetrical crawling or gait
C/P/NA Weight Challenges
C/P/NA Bed Wetting
C/P/NA Sleep Problems
C/P/NA Night Terrors
C/P/NA Tip Toe Walking
C/P/NA Regression of Milestones
C/P/NA Seizures
C/P/NA Tremors/Shaking
C/P/NA ADD/ADHD
C/P/NA Autism/PPD

Do you have a specific concern that brings you in?

__ No, I'm interested in having my child's nervous system assessed to achieve optimal health and functioning.
__Yes: _____

If yes, please answer the following questions:

Does your child appear to be in pain or discomfort? **Y/N** How long has your child been experiencing this?_____

Is it getting better, worse or staying the same? _____Was the onset sudden or gradual? _____

Have you seen other health professionals regarding this complaint? **N/Y** Whom _____

What treatment did they recommend/use? _____

Has your child ever taken any medication for this complaint? **N/Y:** _____

Has your child ever experienced this complaint before? **N/Y**: _____

Did they receive any treatment at the time? **N/Y**: _____
Has your child had x-rays in relation to the current complaint? **N/Y**: _____

Prenatal Profile

Adopted Prenatal history unknown Birth history unknown

Complications during pregnancy: **N/Y** _____

Ultrasounds during pregnancy: **N/Y** _____

Medications during pregnancy: **N/Y** _____

If yes, which ones and how often? (include OTCs)_____

Exposure to alcohol, cigarettes or second hand smoke during pregnancy **N/Y** _____

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Birth Experience

Location of Birth: □Home □Hospital □Birthing Center □Other: _____
Birth Attendants: □Doula □Midwife □GP □OB □Other: _____
Medications during labor/delivery (including IV antibiotics) □No □Yes _____
Was Pitocin used to induce/speed up labor? □Yes □No
Were your membranes ruptured by a medical professional? □Yes □No
Was your child at anytime during your pregnancy in an intrauterine constraining position □Yes □No □Unsure
If yes, please describe: □Breech □Transverse □Face/Brow presentation
Was your delivery vaginal or C-Section? _____If it was a C-Section was it planned or emergency_____
If it was vaginal, was the baby presented: □Head □Face □Breech
Were any of the following interventions used during your delivery? □Forceps □Vacuum Extraction □Other
Were there any complications during delivery? □Yes □No
If yes, please specify: _____
How long was the labor from the first regular contractions to the birth? _____ Hours
How long was the second stage (the pushing phase) of the labor? _____Hours
Was the baby born with any purple markings/bruising on their face or head □Yes □No
Any concerns about misshapen head at birth? □Yes □No

Post Natal & Infant History

How many weeks gestation was the baby at birth? ___w ___d / Birth Weight: ___lbs ___oz / Birth Length: ___in
If known, APGAR scores at: 1 minute____/10 5 minutes ____/10
Was the baby ever admitted to the Neonatal Intensive Care Unit? □ Yes □ No
If yes, for how long and why? _____
Was any medication given at birth? □ Yes □ No □ Unsure
If yes, what medication and why? _____
Was you child exclusively breastfed? □ No □ Yes _____Months
Was your child breastfed + formula fed? □ No □ Yes _____Months
Did you child have any sensitivities to formula (reflux, eczema, arching back, frequent spit up)? □ No □Yes
What age did you introduce solid foods to your child? _____Months
Did you introduce cereal or grains within your child's first year? □No □Yes
Did/Do you practice attachment parenting methods:
(cosleeping, kangaroo care, elimination communication, feeding on demand, extended breastfeeding, etc.) □No □Yes
Did your child spend excess time in any baby devices such as: bouncer seats, swings, Bumbos, car seats etc?
□No □Yes, Which ones? _____

Physical Traumas

Has your child ever fallen from any high places? ..... □ No □Yes_____
Has your child ever been involved in a motor vehicle accident or near miss? ..... □No □Yes _____
Has your child ever been seen on an emergency basis? ..... □No □Yes _____
Has your child ever broken any bones? ..... □No □Yes _____
Has your child had any previous hospitalizations? ..... □No □Yes _____
Has your child had any previous surgeries? ..... □No □Yes_____
Does your child spend time using a tablet, computer, or video games? □Never □Rarely □Daily □Several hrs/day
Does your child watch tv? ..... □Never □Rarely □Daily □Several hrs/day
Does your child exercise? ..... □No □Daily □Weeky □Seasonally
Does your child play contact sports? .....□No □Daily □Weeky □Seasonally
Does your child sleep on their .....□Back □Belly □Sides (Both, Right, Left)
Does your child carry a back pack? ..... □No □Yes
Does it weigh less than 15% of their body weight? ..... □No □Yes
Do they wear their back pack on 2 shoulders? ..... □No □Yes □Sometimes
Does your child show excessive or uneven shoe wearing out? ..... □No □Yes
Does your child wear custom orthotics?
□No □Yes, For what purpose? _____

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Chemical Stressors

Have you chosen to vaccinate your child? □No □Yes, on a delayed or selective schedule □ Yes on schedule
Reason for vaccination: □Informed decision □Didn't know I had a choice □ It was recommended
Reaction(s) to vaccinations: □Fever □Welt at injection site □Rash □Diarrhea □Fatigue □Prolonged Cry
□Seizures □Developmental Regression □Other: _____
Has your child received annual flu shots? □No □Yes (informed decision) □Yes (recommended by MD)
Have your child been exposed to antibiotics? □No □Yes
If yes how many doses in the past 6 months? _____
Were probiotics used at the same time as antibiotics? □No □Yes
Have your child been exposed to medications, including OTC? □No □Yes
If yes, which ones? _____
If yes, how may doses in the past 6 months? _____ Reason: _____
How many glasses of water/day does your child have?..... □0 □1-3 □4-6 □7-9 □10+
How many glasses of cow's milk, juice, and soda/day does your child have? ……... □0 □1-3 □4-6 □7-9 □10+
Does your child eat gluten? …… □No □Yes □Trying to eliminate from diet
Does you child eat dairy? …… □No □Yes □Trying to eliminate from diet
Does your child eat refined sugars (white sugar), white bread and pasta? □No □Yes □Trying to eliminate from diet
Does your child eat boxed/frozen foods? …… □No □Yes □Trying to eliminate from diet
Do you choose organic foods? □No □ Yes If yes, which: □Veggies □Fruits □Meats □Grains □All
Does your child eat any artificial sweeteners like Splenda, Aspartame, AminoSweet, Diet Soda? □No □Yes
Does your child follow any other dietary restrictions? □No □Yes _____
Any food/drink allergies, sensitivities, intolerances? □No □Yes _____
Is your child exposed to second hand smoke? □No □Yes _____
Does your child take a probiotic daily? □No □Yes: _____CFU's/day
Does your child take vitamin D3 daily? □No □Yes: _____IU's/day
Does you child take Omega 3 Fish Oils daily? □No □Yes: _____mg/day □Capsule □Liquid
Other supplements or homeopathics? _____

Goals & Consent

Do you feel your child developmentally appropriate for their age:
Intellectually: □Yes □No _____
Emotionally: □Yes □No _____
Physically: □Yes □No _____
What is your primary goal for your child at our clinic? _____
Our goals are to provide a detailed assessment of your child's current health status and provide to you the resources for a highly engaged and healthy child whose body is functioning at its absolute peak potential while they grow. Essential to this healthy growth is a nervous system functioning free from interference called subluxations. You've taken an important step for your child's future through a chiropractic evaluation!

Consent to Evaluation of a Minor Child:
I, _____ being the parents or legal guardian of _____,
(print have of consenting adult) (print name of minor)
Hereby grant permission for my child to receive a chiropractic evaluation including history, spinal scan, examination and x-rays if warranted. Any findings will be communicated before consenting to commencement of treatment, if appropriate.

_____ _____
Consenting Adult's Signature Date